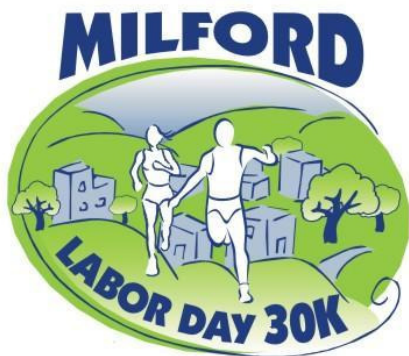




RACE REGISTRATION

12th Annual Labor Day 30K / 10K

Saturday, September 1st, 2012

Milford, Michigan

Visit our Website:

www.LaborDay30K.com

This race is ALWAYS the Saturday of
Labor Day Weekend!

Location:

Bakers of Milford Restaurant
– Side Parking Lot

2025 S. Milford Rd.
Milford, MI 48381
(Across from the entrance to
Kensington Metro Park)

Times:

6:30-7:30	Registration
7:30	NEW 30-30 Challenge!
7:45	Fat Tire Bike on Dirt
8:00	30K Run
8:30	10K Run
8:35	10K Walk
11:15	½ Mile Kids Fun Run

- ★ RRCA 30K Regional Championship and USATF Certified Course!
- ★ Pre and Post Race Sports Massages!
- ★ Expo and Early Packet Pick-Up at Bakers of Milford on Friday 3pm-7pm and on Race Day
- ★ This race is EXTRAORDINARY! An excellent way to prepare for you 1st or best fall marathon!
- ★ We have something for EVERYONE! Runners, Joggers, Walkers, Bikers, and Kids!
- ★ Post-Race Party with Entertainment and Finisher Medals for all at Bakers of Milford!

RACE DIRECTOR:

Doug Klingensmith – Phone: (248) 685-7580 E-Mail: Doug@LaborDay30K.com

PAYMENT:

Make Checks Payable To: **Huron Valley Running Club**

MAIL TO:

Labor Day Race Registration

Attn: Doug Klingensmith

527 Union St.

Milford, MI 48381

Your check needs to be received by June 16th
in order to qualify for Early Registration!

12th Annual Labor Day 30K / 10K Race - Registration

30-30 Challenge	30K Run	10K Run, Fun Walk, or 30K Bike
\$50.00	\$35.00	\$25.00 Early Bird Special – Checks by Jan. 15 th
\$55.00	\$40.00	\$30.00 Extra Value – Checks by March 17 th
\$65.00	\$45.00	\$32.00 The Value Plan – Checks by June 16 th
\$70.00	\$50.00	\$35.00 Last Minute – Checks by August 26 th
\$70.00	\$55.00	\$40.00 Friday Expo – Checks by August 31 st
\$75.00	\$60.00	\$45.00 Day of Race – September 1 st

Long Sleeve Dry-Shirt: ___S ___M ___L ___XL
___XXL (\$5.00 extra)

___30K Run ___10K Fun Walk
___30K Bike ___Kid's ½ Mile Run
___NEW 30-30 Challenge ___T-Shirts while supplies last
\$10 if Received by September 1st - \$15 at Expo and Race Day
___\$15 for Penne Primavera Dinner on Friday at Bakers of Milford
(Please check One – Dinner Optional)

Name: _____

E-Mail Address: _____@_____

Sex: _____ Age: _____ Phone: (____) _____

Signature: _____

Address: _____

City: _____ State: _____ Zip: _____

Parent/Guardian (If under 18)

30K/10K/1/2 Mile RACE PARTICIPANT WAIVER: I (Named Above) believe I am physically fit for the event. In consideration of your accepting this entry form, I, intending to be legally bound, hereby for myself, my heirs, personal administrators waive & release all rights and claims for damages I may have against the administration of this event, its agents, representatives, successors, the Township or Village of Milford, Brighton Township, the Oakland or Livingston County Road Commissions & assigns for any and all injuries suffered by me at said event, or which may arise out of traveling to, participation in and returning from these events. I also authorize the race officials & sponsors to utilize images of my participation. (NO REFUNDS OR TRANSFERS)